

## A Can-Do Attitude

Philippians 4 v 13 NKJ Version I can do all things through Christ who strengthens me, you know if that was not the truth it would **NOT** be in the Bible, now that's the truth. I really can do all things (that's being positive) but, not in my own strength as I can do nothing.

Sometimes we may feel like we need time out to ourselves with a very busy lifestyle, people demanding our time, children/grandchildren need taking somewhere/everywhere nearly all of time not as parents and grandparents don't mind, to me it's a privilege I feel anyway, but as I said we all need that certain time to ourselves.

Maybe you like to go to the gym, or browsing the shops I know us ladies like to do so, going to have our hair done at the hairdressers (that makes you feel good) meeting up with our mates for a catch-up all of these things and many more I am sure you can think of other things.

Now what about having the time with the One who created the heavens and the earth and of course me and you? Yes, God the Father Almighty, how much time do we spend with Him? It's all well and good to help yourself with a can-do attitude, but we have to be **very** careful that we **do not** forget the Father as we must spend time with Him in our own quiet time.

**Spending time with Jesus is necessary to be rooted and one with Jesus. We also receive God's grace as we get in His Word and spend time with Him. *Spending time with Jesus is important.*** (Living Revelations)